



MINNESOTA JOB'S DAUGHTERS GIRLS RULE VIRTUAL RACES!

We know Girls Rule, now let's show the world! Grab your girl friends and Jobie sisters for a virtual walk/bike/run!

Virtual Race options include:

- ★ Adult 5K (3.1 miles) \$30
- ★ Adult 10k (6.2 miles) \$35
- ★ Youth 5K \$15
- ★ Youth 10K \$20
 - Youth pricing for anyone under 20!

All registrations include a finisher's medal and a cool pair of sunglasses. 10k participants will also receive a themed water bottle!

Register between May 16 through June 13, 2021 at this link:

<https://runsignup.com/mnjdgirlsrule>

A Note to Bethels...

We hope you're excited to get moving and show the world that girls rule! For this race, the Bethel with the most participation will receive a special party from the race committee! When you register, make sure to join your Bethel team!

-The Race Committee

Angela Smith, Kara Martin, & M'Lyse Haugen

Information for Participants - Does not need to be read in a Bethel Meeting

Guidelines for the Virtual Run

- Results are based on the honor system, but if you have a smart tracker we would love for you to grab a picture or screenshot for bragging rights. Runkeeper is an app you can download on your smart phone for FREE
- Select how you would like to receive your race items
 - In person pick up option at Grand Session or on Saturday June 5 at 11:00am-12:00pm at Minnehaha Lodge
 - Via mail (+\$5 shipping)
- When you are finished, take a picture and post it with #MNJDGirlsRule2021 #MNJD5k or #MNJD10k
- Post your finishing times and pictures by June 30, 2021

Approved by:

Lisa Peterson

Grand Guardian